Amy's Weekly Grocery List

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Week 8

Grilled Basil & Lemon Salmon with Tomatoes & Asparagus

I Can't Believe It's Not Butter or
1/2 stick softened butter
1 bunch of fresh basil
1 lemon
4 Roma Tomatoes
Fresh Asparagus (optional)
Salmon Fillets

Rotisserie Chicken with Grilled Corn on the Cob & Sweet Potatoes

Store bought Rotisserie Chicken
Corn on the cob
2-4 Sweet Potatoes

Lentil Brown Rice Casserole

chicken broth
lentils
brown rice
1 onion
1 green pepper
1/2 grated carrot
Italian seasoning
garlic powder
pepper
grated cheddar cheese

Garden Fresh Panini with Leftover Roasted Chicken

Rustic White Bread
Roasted Chicken (left over from Tuesday's meal)
Balsamic Vinegar
Olive Oil
Garden Fresh Tomatoes
Fresh Basil (from Monday's meal)
Fresh Mozzarella
Asparagus (from Monday's meal)

Creamy Italian Crock-Pot Chicken

4 boneless, skinless chicken breasts
1 envelope Italian salad dressing
1 pkg. (8 oz.) cream cheese
1 can condensed cream of chicken soup
(optional) 1 can (4 oz.) mushroom stems
hot cooked noodles or rice

Other groceries needed

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