



# Amy's Weekly Grocery List

Visit [LivingLocurto.com](http://LivingLocurto.com) for more weekly meal plans.

## Week 8

### Grilled Basil & Lemon Salmon with Tomatoes & Asparagus

- 1 Can't Believe It's Not Butter or 1/2 stick softened butter
- 1 bunch of fresh basil
- 1 lemon
- 4 Roma Tomatoes
- Fresh Asparagus (optional)
- Salmon Fillets

### Rotisserie Chicken with Grilled Corn on the Cob & Sweet Potatoes

- Store bought Rotisserie Chicken
- Corn on the cob
- 2-4 Sweet Potatoes

### Lentil Brown Rice Casserole

- chicken broth
- lentils
- brown rice
- 1 onion
- 1 green pepper
- 1/2 grated carrot
- Italian seasoning
- garlic powder
- pepper
- grated cheddar cheese

### Garden Fresh Panini with Leftover

#### Roasted Chicken

- Rustic White Bread
- Roasted Chicken (left over from Tuesday's meal)
- Balsamic Vinegar
- Olive Oil
- Garden Fresh Tomatoes
- Fresh Basil (from Monday's meal)
- Fresh Mozzarella
- Asparagus ( from Monday's meal)

### Creamy Italian Crock-Pot Chicken

- 4 boneless, skinless chicken breasts
- 1 envelope Italian salad dressing
- 1 pkg. (8 oz.) cream cheese
- 1 can condensed cream of chicken soup (optional)
- 1 can (4 oz.) mushroom stems
- hot cooked noodles or rice

### Other groceries needed

---



---



---



---



---



---



---



---



---



---