



Amy's Weekly Grocery List

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Week 2

Avocado Enchiladas

- 8 ripe avocados
- 1 red onion
- fresh cilantro
- 1 lime
- 1 jalapeno
- 20 corn tortillas (flour tortillas optional)
- Monterey Jack Cheese, grated
- 2 Cans Enchilada Sauce

Spanish Rice

- uncooked long grain rice
- 1 garlic clove
- chopped onion
- green bell pepper
- red bell pepper
- cumin
- 3 cups chicken broth
- 8 oz. can of tomato sauce

- Canned Black Beans
- Taco Seasoning

** Avocado Enchiladas - Fast & Cheap Version

- Guacamole
- corn tortillas (flour tortillas optional)
- Monterey Jack Cheese, grated
- 2 Cans Enchilada Sauce
- Spanish Rice in Box or Bag
- Canned Black Beans
- Taco Seasoning

Salina-Style Spaghettini with Cherry Tomatoes

- Spaghetti
- Extra Virgin Olive Oil
- cayenne pepper
- 6 dozen (8-10 ounces) small ripe cherry tomatoes
- 2 Garlic Cloves
- fresh mint leaves
- grated Pecorino Romano or Parmesan cheese

Turkey Burgers

- 1 package ground turkey
- horseradish
- white cheddar cheese
- 2 Scallions (green onions)
- grill seasonings (such as McCormick's Montreal Steak seasoning)
- spicy brown mustard

- poppy seed Kaiser rolls
- 1 can whole-berry cranberry sauce (optional)
- Romaine lettuce
- Carrots or Vegetable of Choice
- Chips or Oven Baked Fries

Chocolate Chip Pancakes

- Mini Chocolate Chips (alternate blueberries or bananas)
- Pancake Mix
- eggs
- Cool Whip
- Bacon
- Apples

Other groceries needed
